



# HOUSE *of* HOPE<sup>®</sup>

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MARYLAND

Healing Teens • Restoring Families • Transforming Communities



*In 2005, I learned of House of Hope at a Women of Faith conference. Founder and president, Sara Trollinger, shared her story and vision to have a House of Hope within driving distance of every major city. A teenage girl currently residing at House of Hope Orlando then gave her testimony. Having recently gone through a difficult time myself and being so moved by these two individuals, I knew in my heart that God was revealing His plan for me; I was to start House of Hope Maryland (HOHMD).*

*I am blessed to be a part of this life-changing ministry and dedicated to helping teens and families discover the hope and healing that can be found through a personal relationship with Jesus Christ. We are excited about what the future holds for the growth of this ministry. It is my hope that you will prayerfully consider joining us in compassionately tending to those in need and watching them bloom.*



*From my heart,*  
*Kathy Hambrecht*  
Founder & Executive Director

## BOARD OF DIRECTORS

- Jon Winter, Chair
- Pam Hendershot, Treasurer
- Mary Johnson, Secretary
- Kathy Hambrecht

## STAFF

- Kathy Hambrecht, Founder and Executive Director
- Kim McGlaughlin, Teacher
- Jenny Childers, Carol Brohawn, Mary Jo Kahler, Contract Counselors
- Kathy Roberson, Volunteer Prayer Coordinator
- Tammy Rhoades, Volunteer Life Skills Coordinator

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When seeds detach from fruit or flower, they may scatter in any number of ways: On drafts of wind or water currents, in the beaks of birds or hitching to feet that pass near. Displaced but determined, a seed must take root in nutrient-rich earth to begin the gradual transformation into new, mature growth.

The girls who come to HOHMD are in the midst of hardship that has left them feeling scattered and alone. Much like seeds, they do not know where they will land. When they step onto our soil they are compassionately tended to and given an opportunity to sprout, to grow, to burst through the surface. Together, we reach upwards toward the sun that waits to illuminate and pull them toward new heights.



## WHO WE ARE

**MISSION:** Offer hope, healing and fulfillment to hurting teens through structured education, Christian counseling and spiritual guidance in a safe and nurturing environment.

**VISION:** Restored Teens and Families Across Maryland

**VALUES:** Christ-centered, Relational, Accountable, Servant Leader, Kingdom Builder



**1985**

The first House of Hope was established in Orlando, Florida



**2006**

House of Hope Maryland established based on the successful 21 year model



**2007**

Launched outpatient counseling services



**2008**

Established parenting group



**2017**

Opened the doors of our year-round Christian day school program

## SPECIAL NUTRIENTS

From its inception, a garden where strong and healthy seeds take root requires constant and consistent nurturing of its soil. It is the collective efforts of all the components of 'gardening' from which a vibrant yield sprouts, grows and spreads to fill its nutrient-rich bed. Like the garden, healthy growth and development of our children is **rooted in the foundation of their home environment.**

It is the collective efforts of all the components of 'parenting and family' from which a child grows and blossoms. At HOHMD we **prayerfully and compassionately cultivate the lives of struggling teenage girls and their families** whose soil has become fragile and needs the components for healthy and vibrant living.

We understand the dynamics of a hurting child and its ripple effect on all family members. Therefore, **program planning for the student includes parent/guardian active engagement as a vital focus in the healing process of their child and the entire family.** Our vision is to help bring complete restoration to as many hurting teens and their families as we are able and therefore spread nutrient-rich soil for generations.



## WHY WE CARE

We care because we love... and through our love we hurt for those numerous teenage girls in our communities who are feeling 'scattered and alone' and struggling to find purpose and joy in their lives.

- **Suicide is the 2<sup>nd</sup> leading cause of death in young people ages 15-24 (3<sup>rd</sup> leading cause in MD)**
- **1 in 3 girls have been sexually abused by age 18**
- **1 in 5 females have engaged in some form of self-injury behavior**
- **Teen depression has risen 63% since 2013**

## TESTIMONIALS

*My counselor helps me to vent and get everything out. When talking about problems I face, it helps me understand them better. My counselor also teaches me things about myself that I never knew and she encourages me to keep going.*

Teen

*I'm grateful for being at House of Hope because I truly believe I wouldn't be who I am now without them or the love that God has shown and given me. I appreciate every opportunity that has been given to me by House of Hope. **This will be the place where I can look back on and say, this is where I achieved greatness for myself.***

Student

*Our family is healing and we praise God for His gift to us in House of Hope Maryland.*

Parent



# HOW WE CARE

Through the love and light of Jesus, HOHMD provides nutrient-rich soil overflowing with HOPE, HEALING and FULFILLMENT. Caring staff and volunteers nurture and nourish all hurting teenage girls and their families seeking to be sown by equipping them with the gardening tools necessary to heal and restore their lives.

## KEY PROGRAMS

### Year-Round Day School Program

#### Individualized Educational Program

HOHMD's academic program offers each student an opportunity to change her situation and to begin school anew. Emphasis is placed on personal goals and individual achievement rather than competition between students. We utilize the Accelerated Christian Education (ACE) curriculum which is an individualized system of learning that allows each student to work at her own level and pace in a classroom setting.

#### Christian Counseling for Teens/Parents

Christian counseling is a key component of the HOHMD program. Group, family and individual counseling are designed to heal fractured family relationships. While in the program, each student and her parents/guardians meet with a counselor weekly for individual counseling. In addition, each student and her parents/guardians will have family sessions to help heal familial relationships.





### Life Skills Training

We minister to the body, soul and spirit. Our life skills program includes a variety of sports, creative arts and social activities. Students participate in healthy competition, creatively working out frustrations and stress. The social activities, both in the program and community, include hands-on experience and training in various areas: fitness, nutrition, etiquette, conflict resolution, problem-solving, team building, leadership, healthy relationships, music, art, and money and time management. Students are also required to organize and participate in community service projects on a regular basis.

### Spiritual Guidance

Devotions, prayer, and scripture memorization are used to inspire the spiritual development of our teens. Students also attend weekly chapel services with their classmates and teacher.

### Parenting Support

We recognize that the entire family needs to be involved in the healing process for lasting results. With that in mind, parental involvement is a critical component of the program. We require all parents/guardians who have a teen in any aspect of our program to attend family/individual counseling and parenting classes.





## COMPASSIONATELY TENDING, WILDLY BLOOMING

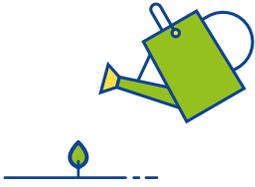
We have a bigger vision on the horizon that God has planted in our hearts. **We have a desire to raise \$1,300,000 over the next 3 years to establish our essential residential program.**

In order to flourish, whether be a garden, a family, a child, or a House of Hope Maryland, each needs to be tended to, to be nurtured toward new growth so that **EVERYTHING** in the soil will blossom into something more...

By putting your efforts and resources into helping further sow our mission to offer hope, healing and fulfillment to hurting teens, you will be planting and growing our garden which will:

- Allow us to launch boarding school program and hire expert and compassionate staff.
- Restore hope to teens and families for a more productive and healthy future... **change lives of teens, their families and future generations.**
- Allow us to expand our garden and compassionately tend and serve **50 families over next 5 years.**
- Prepare teens to become resilient, responsible leaders and members of society who blossom with purpose to **make a lasting impact on their world.**

# CAMPAIGN GOALS



## Our now – \$120,000

Support current programs to allow us to remain a reliable refuge and resource for girls and families

- Life Skills Programming and Supplies
- Parenting support and workshops
- Curriculum and operations
- Hire of parent facilitator/admin assist/fund developer
- Tuition Assistance



## Our future – \$1,180,000

Tend the soil for deeper roots and future growth

- Land/Building Purchase (5-10 acres) **\$700,000**
- Land/Building Improvements **\$200,000**
- Equipment, Furniture & Other Capital Expenses **\$40,000**
- Contingency Fund **\$240,000**



& \$44,000 in special one time gifts



## WHY YOU?

Some gardens become dormant, whether due to limited resources, lack of mutual participation in their maintenance, limited time, or lost interest.

Whatever the reason, a garden left uncared for will not grow and flourish. Like a deserted garden, there are so many teenage girls in our communities who are left untended and dormant. They are passed by and passed over.

**YOU** can put your gardening gloves on with House of Hope Maryland to tend to the teens and families.

-  **Become a Monthly Planter**
-  **Become a Ground Breaker**
-  **Become a Volunteer (tutors, life-skills facilitator, and more!)**

**Your support through time, talent, or treasure will help us compassionately tend so others can wildly bloom!**





*Affiliate of*  
NATIONAL  
HOUSE *of* HOPE



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